

Muslim Youth Voice

welcomemessage



Assalamu Alaykum

Dear brothers and sisters, it gives me immense pride to welcome you all to M.Y voice, which is a youth initiative that I believe we can all benefit from. Initially when the project started I believed that my role as the Project Manager would be to ensure the successful outcome of this project at the end of the 6 month period, but now I have come to realize that my job is to merely create the platform for M.Y voice and the real success will be achieved with your efforts.

This is a project that truly puts you behind the steering wheel and if it is successful it is only because of the will of Allah (swa) and your efforts. Without which, this would only be another one of life's missed opportunities for the young muslim community.

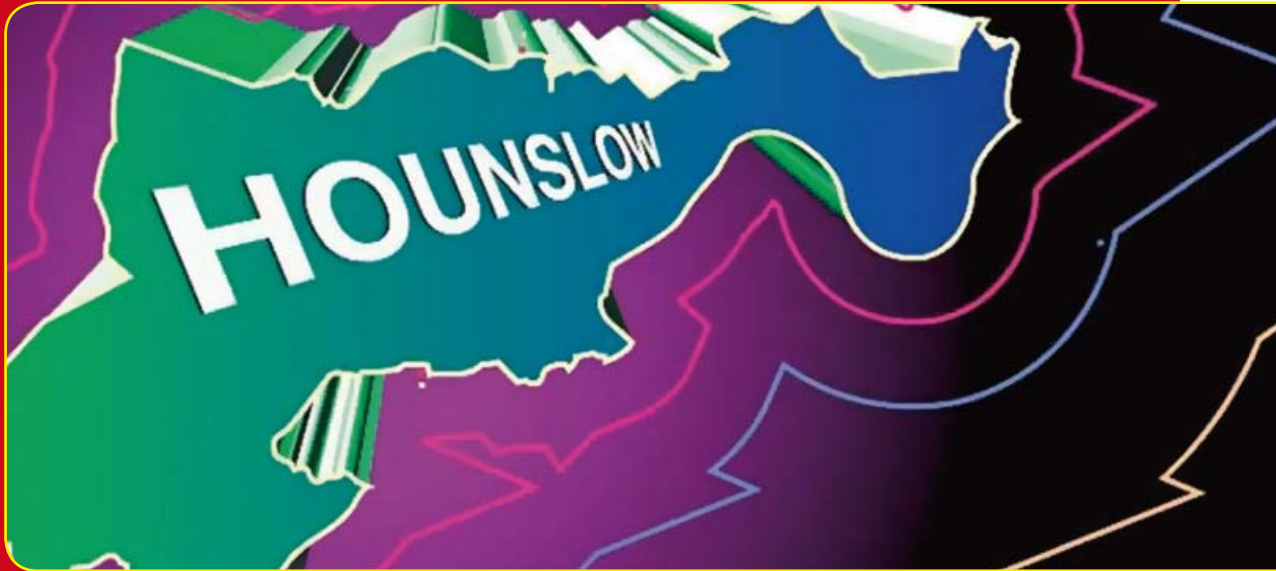
This initiative will truly give you the chance to voice your opinion on the things that really matter to you. Our workshops are not only designed to educate you on how you can take charge of the issues which you feel strongly about but will also educate you on how you can make a positive difference in the issues that you really feel strongly about. The environment that we are in, makes it easier for young muslim's to fail in life, whether islamically or academically and unfortunately this has spread to all spectrums of society.

I sincerely believe that now is the time for the voice of change to be heard and the voice of change must be heard now. Allah (swa) might not be calling for the politicians to change the world for the better, but He is calling you to do something for the better.

The platform has been set and the door of change has been opened. We are waiting for YOU, our future young muslim leaders, to walk in and take the challenge.

Yasmin Mulbocus
M.Y VOICE PROJECT DEVELOPER

introduction



About Haaya

HAAYA aims to support the integration of young people into society particularly the vulnerable, and to help them settle into education and to encourage them to actively participate in their local communities.

Muslim Youth Voice Is Your Voice

The Muslim Youth Voice is a six month programme of workshops on issues that influences and shapes society to help young Muslims like you living in Hounslow to voice your opinion and concerns. A fantastic, empowering learning opportunity in which you can contribute your opinions and voice issues that affect you and work towards practical solutions. The programme will encourage you to tackle global issues on a local level. The confidence and skills gained from this program will help you to get involved in your local community and participate in the youth council so that your say is heard by those that matter.

muslim youth voice launch



Aims

- Meet & Greet
- Introduce HAAYA
- Launch M.Y.Voice
- Inform participants about workshops on the programme
- Create a positive, supportive environment for team work
 - Discuss hopes and expectations from the program
 - Create and commit to a Team Agreement

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Be aware of what HAAYA does
- Understand fully the concept of M.Y Voice
 - Come to know your fellow participants
- Appreciate the importance of team work in making a positive change

islamophobia & discrimination



Aims

- Understand what Islamophobia and discrimination mean.
- Explore and discuss the problems that you face and how it affects you.
 - Teach practical ways to challenge discrimination.
- Know the origins of Islam and appreciate its contribution to world civilization.

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Know your legal rights to challenge discrimination.
- The ability to recognize the difference between being discriminated against and playing the victim.
- The learning will provide resources that will support the council once it is set up.

media



Aims

- Understand what media is.
- Be aware of the power and the coverage the media has.
- Appreciate the role of the media in shaping societies views through the ages.
- Create a platform from which young people can gain access to media and create positive changes through press releases, local newspapers and radio.
- Be aware of the mal practice of media portrayal which leads to negative stereotyping
- Discuss ways in which the media can be educated about the true meaning of Islam

Learning Outcomes

By the end of the session you will:

- Have a clearer understanding of how media works
- Know how to get involved with the media by contacting willing newspapers companies
- Have a brief insight of studying tabloids and the type of newspaper that the public are attracted to.
- Have the opportunity to create a newsletter 'M.Y.' Voice.

social responsibility & peace and violence



Aims

- Look at the meaning of citizenship and interaction within society
 - Understand your purpose and responsibility as a youth
 - Appreciate the effect that anti-social behavior has on society
- To look at historical events of violence, war, genocide and ethnic cleansing
 - Examine the positive results of peaceful movements in history
 - Appreciate the contribution of peaceful movements lead by figures such as Gandhi, Nelson Mandela, Malcolm X and the prophets.

Learning Outcomes

- Develop a deep understanding of the meaning of citizenship
 - Learn how to take responsibility for your actions.
 - Be independent thinkers/developers in community initiative
 - Learn how to assert your opinion rather than being forceful.
 - Know the qualities needed to become a leader
 - Be more active in society by being involved in voluntary work
- Appreciate the positive effect your leadership can have on the community at large.
- Appreciate how working for society can make a difference even if it is on a smaller level.
- Have evidence on how Prophet Muhammad SAW worked towards creating a better society
 - Visit a prison to discourage young people from engaging in criminal behavior.

gender equality



Aims

- Understand the meaning and causes of gender discrimination
- Appreciate the short term and long terms effects of gender discrimination.
 - Learn of ways to challenge gender inequality
- Realize the controversies in Faith Communities tackling gender inequality issues.

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Know the root causes and issues surrounding Gender Inequality
- Be able to recognize gender discrimination if it happens in front of you
 - Have the ability to challenge gender inequality

globalization & poverty



Aims

- Understand what poverty means, economically and socially.
- Be aware of the impact poverty has across the world and how it can lead to social unrest.
 - Appreciate the challenge humanity faces in fighting poverty
 - Understand the meaning of Globalization
 - Understand the effects of Globalisation in Society
 - Learn how to work with organizations to develop and deliver long term sustainable programs to tackle poverty
 - Appreciate Islam's role in fighting poverty

Learning Outcomes

- Know how you can help to fight poverty
- Be able to get in contact with charities, both local and national who are working towards tackling poverty.
- Be able to become activists and demand action from your local government
 - Undertake practical measures in your community to help fight poverty such as 'Feeding the Homeless'

humanrights



Aims

- Look at the history of Human Rights
- Understand the Universal Human Rights Declaration
- Appreciate the impact the Human Rights Declaration has on an individual and on people collectively
- Be aware of the consequences of violating or abusing human rights.

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Be able to come up with practical ways to raise awareness on Human Rights
- Appreciate the importance the Universal Human Rights Declaration has on your society and the world

creative thinking



Aims

- To bring focus on self development
- Learn the benefits of thinking outside the box
- Appreciate your own potential and how it can help you to think constructively

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Appreciate the use of poetry and historical speeches on an individual's self development
 - Learn to use Art as a mean of expressing yourself
 - Appreciate the beauty of nature
- Use nature as a refuge to reflect and undertake self development

environment



Aims

- To understand and fully appreciate the importance of the environment
 - Be aware of factors that affect our environment in a negative way
 - Examine major international agreements on environment
 - Understand the concept of Climate Change and its impact today and in the future
- Be aware of ways to become more eco friendly and save energy to tackle climate change.

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Become an environment activist
- Undertake practical measures such as recycling, saving energy and water
 - Work with organizations that are environmentally friendly
- Appreciate the need to buy products which have been produced in an environmentally friendly way.
 - Be aware of your duty to protect your environment as a member of your community and as a Muslim.
- Be able to write to local councilors to support young people keeping Hounslow green and clean.

community building & civic engagement



Aims

- Explore and understand the community; how it is set up, its practices and theories
- Look at what practices in communities have either worked well or been ineffective
 - Examine practical ways towards building communities effectively

Learning Outcomes

BY THE END OF THE SESSION YOU WILL:

- Establish contact with other youth groups to share and understand each others values and beliefs
 - Make contact with HFOF-an organization which visits places of worship in Hounslow.

This will enable discussion between different groups of young people belonging to various faiths

acknowledgements



Our sincerest thanks goes to Jack Aldsworth and Farzeen Ferdous from Global Exchange who have been the pillar of support and their crucial role has played immense credibility to this project.

Thank you so much for your hard work and effort to the establishment of this project.

From Yasmin Mulbocus, Suhel Miah, and Sana Farooq

This project is supported by:

Faith in the Community
London Borough of Hounslow
Hounslow Homes

Acknowledgements goes to Rizwan Hussain from the Muslim Youth Helpline

m.ypoem

An eye for an eye, a tooth for a tooth, an act
which has embraced its gloom.

A spark that had so many enlightened
higher spirits has died now, unlit, releases
inner demons.

What are we now? Who are we now? The
notion lies in the hands of the masses

Their stares reveal fears, insecurity,
animosity,

'Could it be them?' Questions their curiosity
– I call it instability,

Oh how my presence shakes my neighbours,
more so creates a distance of a crater

But I will rise above my rising, and raise
my head high,

Walk the earth with peace and inner pride!

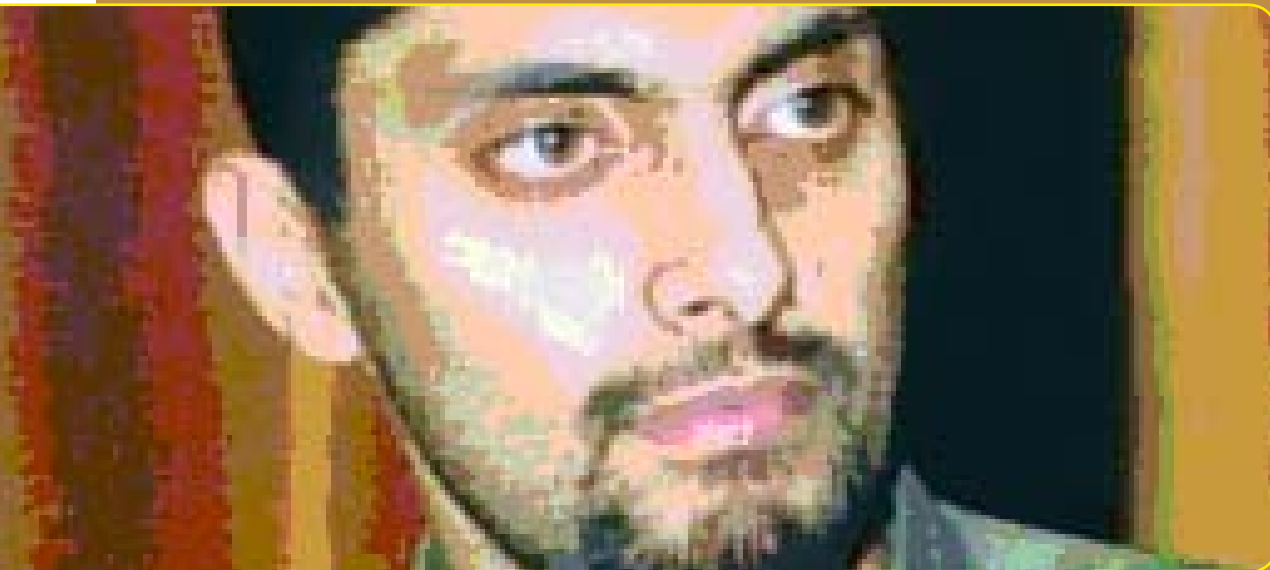
For we'll stand head to head, shoulder to
shoulder – for a work that seeks the light,

They say education is the refinement
of character, beliefs, aspires albeit the
reflection which ripples the world of the
uncivilised.

M.Y Voice is here
M.Y Voice is now
M.Y Voice is Your Voice
The Voice that inspires

By Umme Thara

profiles



Zaheer Alee

Organisation: Radio Reality

Workshop: Civic Engagement and Community Building

Zaheer Ali has been actively involved within the Muslim community for many years. Born and educated in Britain, he is by profession an IT Project Manager.

He has vast experience with the Muslim community, understanding intricate differences between various Islamic organisations, having studied their histories, ideologies and viewpoints.

He is the Director of Radio Reality, an internet radio which enjoys great popularity especially during Ramadan. He is also currently serving his second term as the Secretary of the Barnet Muslim Forum which is a coalition of Mosques and Organisations in the Borough of Barnet that seeks to involve the Muslim Community in the political spectrum. He strives to ensure that people of all faiths and cultures can integrate into British life, contributing to it for our common betterment.

Since 2002, he has also worked closely with Exhibition Islam, delivering Islamic awareness and diversity training at schools, hospitals, prisons, police training centres and Mosques.

profiles



Greg Villalobos

Organization: Bold and Creative

Workshop: Media

Greg Villalobos is creative director and co-founder of Bold Creative an award winning youth communications agency.

We specialise in working with and for young people because that's what we do best.

Our expertise in digital media enables us to connect with the most media savvy and reach the hardest to reach.

Our aim is to produce the most innovative and creative projects, which engage young people and connect them with our clients.

Our projects are far reaching; including TV production, viral marketing, design consultancy and ideas sessions, through to web and online interaction.

profiles



Humera Khan

Organisation: An-Nisa

Workshop: Gender Equality

Humera Khan is a freelance consultant and researcher. She has a background in Equal Opportunities and is currently focusing her work on improving policies for services for the Muslim Community. Humera is a founder member of An-Nisa Society, a women's managed organization working for the welfare of the families.

Through the organization she has been involved in setting up many projects such as Islamic Counselling the Supplementary Muslim School (co-coordinator), produced a series of books on sexual health from an Islamic perspective called 'Cycle of Life' Girls and Young Women's Drama and provides support and counselling on a broad range of issues.

Over the last 20 years Humera has written numerous articles for various publications including Q-news, Guardian and the Independent. She has also had various media and public appearances speaking on a wide range of issues from multiculturalism, Islamophobia and racism to social issues such as sexual abuse, generation, conflicts, domestic violence and gender.

workshop delivery information to deliverers

THEME OF THE WORKSHOP	DATE	DELIVERER
Launch of My Voice	1st December 2007	HAAYA Staff
Civic Engagement & Community Building	1st December 2007	Zaheer Alee / Asghar Bukhari (MPAC)
Media	8th December 2007	Bold & Creative / Abdur Rahman
Peace and Violence & Social Responsibility	15th December 2007	David Gustav / Ajmal Masroor
Gender Equality	12th January 2008	Humaira Khan / Sarah Joseph
Islamophobia & Discrimination	26th January 2008	Robert Lambert / Dr Abdul Bari
Environment	9th February 2008	Imam Muhammed Martin / Dr Muzzamil
Creative Thinking	23rd February 2008	Danny Williams / Anthony Williams
Globalization and Poverty	8th March 2008	Islamic Relief / Respect
Human Rights	15th March 2008	Amnesty International / HRC
Youth Leadership	22nd March 2008	Habibur Rahman
Ceremony	25th April 2008	

All of the Work shops will be delivered in:
Hounslow Civic Centre
Lampton Road
Hounslow TW3 4DN

travelinfo



How to get to Civic Centre in Hounslow:

By Underground: Take the Piccadily line to Hounslow Central, then turn right from Station, walk down Lampton Road and cross the Zebra Crossing you will find the sign to Civic Centre

By Bus: Take the 120 or H20 which will stop right outside Civic Centre

By Car: From Great West Road (A4) turn right into Lampton Road (A3005) on mini roundabout, pass the Zebra Crossing and turn on your first right.

From Staines and Bath Road, turn towards Lampton Road from Hounslow High Street, drive down pass the Hounslow Central Tube Station (on your right) before the Zebra Crossing turn left.

How to get to HAAYA Office:

By Underground – Take the Piccadily Line to Hounslow East, turn right of the station and walk down Kingsley Road

By Bus: Take the 111 which will stop right outside the HAAYA Office

By Car: From Great West Road (A4) turn into Spring Grove Road until you meet the mini roundabout, turn right and head towards Kingsley Road

From Staines or Bath Road head towards Lampton Road in Hounslow Central then turn right at the end of the road into Spring Road until you come to another mini round about and turn right again and then right on the third mini roundabout.

If you require further assistance please contact:

Suhel Miah: 0208 5696350 / 07947 254494

Yasmin Mulbocus: 0208 5696350 / 07856653352

Sana Farooq: 0208 5696350 / 0208 5700625